

Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 1

Generated on: 10/6/2023 1:32:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2023																
Middle School Lunch	Total	5970														
CHEESEBURGER MINIS-2018	SERVING	1000	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
PROTEIN BOX MIDDLE SCHO	1 EACH	500	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
OL 2017																
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
NY'S																
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
SLUSH, COOL TROP PARAD F	container	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
RU PUN	s, 4oz															
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			648	62	1095	5647.2	4.21	535.5	4177	40.33	*31	34.89	86.52	20.28	6.01	*0.02
% of Calories											*19.1%	21.5%	53.4%	28.1%	8.3%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Oct 2, 2023 thru Oct 6, 2023

Middle School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/03/2023																
Middle School Lunch	Total	5970														
Chicken Tenders, WG 2017	Serving	1000	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Potato Wedges, seasoned	SERVING	1000	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken, Mandarin Orange Ling's	SERVING	700	214	56	286	0.00	0.73	0.0	102	0.0	*N/A*	13.27	20.41	8.16	1.02	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Niblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			686	69	1149	5648.3	4.47	537.2	4208	50.57	*28	36.16	89.85	22.32	6.52	*0.02
% of Calories											*16.4%	21.1%	52.4%	29.3%	8.6%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/04/2023																
Middle School Lunch	Total	5970														
TURKEY GRAVY -2022	3/8 CUP	1000	148	45	755	0.04	1.41	15.6	3	0.6	*0	18.21	6.29	5.02	1.65	*0.00
Wrap, CRUNCHY CHICKEN 2020	EACH	500	452	69	1392	8.32	2.83	307.3	2969	19.9	*8	24.3	50.34	17.46	5.18	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			607	66	1209	5646.8	4.05	526.8	4249	35.14	*28	35.11	79.85	18.11	5.44	*0.02
% of Calories											*18.2%	23.1%	52.6%	26.8%	8.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 6, 2023

Middle School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2023																
Middle School Lunch	Total	5970														
Pork and Mac '23	SERVING	1000	589	111	1878	2.93	2.45	754.6	2424	5.14	*11	52.57	51.27	18.71	10.21	*0.02
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			736	81	1425	5648.2	4.66	660.8	4595	36.25	*32	42.32	93.54	23.59	7.69	*0.02
% of Calories											*17.2%	23.0%	50.9%	28.9%	9.4%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/06/2023																
Middle School Lunch	Total	5970														
SANDWICH, CHX PARM '23	1 EACH	1000	437	48	910	6.19	4.80	317.4	676	93.53	*4	29.73	48.7	14.45	5.03	*0.00
Salad, TACO '22	1 each	500	732	91	1476	7.10	4.31	498.4	1772	10.04	*7	28.5	51.67	48.29	15.21	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			690	68	1244	5647.9	4.79	594.1	4347	56.10	*30	37.47	89.84	22.30	6.85	*0.02
% of Calories											*17.6%	21.7%	52.1%	29.1%	8.9%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			673	69	1224	5647.7	4.44	570.9	4315	43.68	*30 *39.7%	37.19 22.1%	87.92 52.2%	21.32 28.5%	6.50 8.7%	*0.02 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	673		600 - 700	100%				
Cholesterol (mg)	69							
Sodium (mg)	1224		1360					
Fiber (g)	5647.73							
Iron (mg)	4.44							
Calcium (mg)	570.9							
Vitamin A (IU)	4315							
Sugars (g)	30	17.67%			Missing			
Vitamin C (mg)	43.68							
Protein (g)	37.19	22.09%						
Carbohydrate (g)	87.92	52.22%						
Total Fat (g)	21.32	28.49%	<=30.00%					
Saturated Fat (g)	6.50	8.69%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 9, 2023 thru Oct 13, 2023

Middle School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/09/2023																
Middle School Lunch	Total	5970														
Burrito, Bean & Chz '22	1 each	800	577	60	1278	5.65	4.01	612.4	701	2.48	*1	25.15	59.92	26.12	13.02	*0.00
PROTEIN BOX MIDDLE SCHO OL 2017	1 EACH	500	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			680	63	1207	5647.5	4.28	603.9	4254	40.67	*31	34.96	89.31	22.47	7.27	*0.02
% of Calories											*18.0%	20.6%	52.5%	29.7%	9.6%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Oct 9, 2023 thru Oct 13, 2023

Middle School Lunch

Generated on: 10/6/2023 1:33:16 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/10/2023																
Middle School Lunch	Total	5970														
TACO Walkin,Beef,- '22	1.5 oz	500	384	32	693	4.42	2.32	75.1	796	6.24	*3	13.78	30.47	22.76	5.23	*0.00
Salad, Southwest Chicken '23	1 each	400	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			653	63	1140	5647.8	4.32	533.8	4232	35.81	*30	33.99	85.95	21.44	6.17	*0.02
% of Calories											*18.3%	20.8%	52.7%	29.6%	8.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/11/2023																
Middle School Lunch	Total	5970														
ENCHILADA, GREEN CHICKEN	6.25 OUN	1000	269	67	934	1.10	1.43	283.4	255	5.44	2	17.16	20.35	13.89	5.49	*0.00
2017	CE															
Wrap, CRUNCHY CHICKEN 2020	EACH	500	452	69	1392	8.32	2.83	307.3	2969	19.9	*8	24.3	50.34	17.46	5.18	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR.BREAD, CHEESE TO	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
NY'S																
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			627	69	1239	5647.0	4.05	571.7	4291	35.95	*28	34.93	82.21	19.59	6.09	*0.02
% of Calories											*17.7%	22.3%	52.4%	28.1%	8.7%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcim (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/12/2023																
Middle School Lunch	Total	5970														
Grinder, Deli Turkey & Cheese	1 EACH	1000	366	41	1230	4.00	2.76	237.2	171	0.0	*0	28.32	47.61	9.5	2.79	*0.00
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			698	69	1316	5648.4	4.71	574.1	4218	35.39	*30	38.26	92.93	22.05	6.45	*0.02
% of Calories											*17.1%	21.9%	53.2%	28.4%	8.3%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/13/2023																
Middle School Lunch	Total	5970														
CHILI FRIES w/cheese-2021	SERVING,	1000	388	12	677	9.53	3.60	179.4	508	19.14	*3	15.51	59.72	9.99	3.56	*0.00
Salad, TACO '22	1 each	500	732	91	1476	7.10	4.31	498.4	1772	10.04	*7	28.5	51.67	48.29	15.21	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			682	62	1205	5648.5	4.59	571.0	4319	43.64	*30	35.09	91.69	21.56	6.60	*0.02
% of Calories											*17.7%	20.6%	53.8%	28.5%	8.7%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			668	65	1221	5647.8	4.39	570.9	4263	38.29	*30 *39.9%	35.45 21.2%	88.41 52.9%	21.42 28.9%	6.51 8.8%	*0.02 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	668		600 - 700	100%				
Cholesterol (mg)	65							
Sodium (mg)	1221		1360					
Fiber (g)	5647.89							
Iron (mg)	4.39							
Calcium (mg)	570.9							
Vitamin A (IU)	4263							
Sugars (g)	30	17.75%			Missing			
Vitamin C (mg)	38.29							
Protein (g)	35.45	21.23%						
Carbohydrate (g)	88.41	52.94%						
Total Fat (g)	21.42	28.86%	<=30.00%					
Saturated Fat (g)	6.51	8.78%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/16/2023																
Middle School Lunch	Total	5970														
PRETZEL DOG 2013 WG	1 EACH	1000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
PROTEIN BOX MIDDLE SCHO	1 EACH	500	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
OL 2017																
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
NY'S																
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
SLUSH, COOL TROP PARAD F	container	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
RU PUN	s, 4oz															
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			653	61	1166	5647.6	4.58	543.9	4170	40.33	*31	34.94	88.15	20.06	5.86	*0.02
% of Calories											*19.3%	21.4%	54.0%	27.6%	8.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/17/2023																
Middle School Lunch	Total	5970														
CHICKEN,WINGS-GENERAL T	SERVING	500	476	186	730	0.00	0.54	17.8	0	0.0	14	26.75	17.49	32.7	8.92	0.00
SO'S'23																
Potato Wedges, seasoned	SERVING	500	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Biscuit, Whole Grain	1 each	500	190	0	410	2.00	0.72	150.0	10	0.0	2	4.0	24.0	9.0	8.00	0.00
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken,Tangerine Sec-'23	SERV	300	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
NY'S																
Spicy Chicken Sandwich WG-2013	1 EACH	1000	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1000	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO	serving	2100	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
Peach Cup, Froz. 2017	1 each	2100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	2100	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Carrot Nibblets MS/HS	package	2100	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			739	71	1140	5648.7	4.20	660.6	5241	45.94	*35	36.07	103.46	22.87	7.40	*0.02
% of Calories											*19.1%	19.5%	56.0%	27.9%	9.0%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/18/2023																
Middle School Lunch	Total	5970														
Pozole, Red Turkey'22 SEC	14 oz	1000	264	48	1592	3.71	2.71	27.2	1218	3.0	*3	21.76	25.82	7.39	2.75	*0.00
TORTILLA CHIPS-2021	SERVING.	1000	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
Wrap, CRUNCHY CHICKEN 2020	EACH	500	452	69	1392	8.32	2.83	307.3	2969	19.9	*8	24.3	50.34	17.46	5.18	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NYS	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			673	66	1383	5648.4	4.87	542.2	4486	35.54	*28	36.37	89.49	20.51	5.96	*0.02
% of Calories											*16.7%	21.6%	53.2%	27.4%	8.0%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/19/2023																
Middle School Lunch	Total	5970														
ENCHILADA,SCRATCH,beef25ct	1 Ser(25 ct	1000	274	49	474	0.40	3.35	284.3	494	1.58	*1	16.39	18.09	15.52	7.44	*0.27
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			683	71	1190	5647.8	4.81	582.0	4272	35.65	*30	36.26	87.98	23.05	7.22	*0.06
% of Calories											*17.5%	21.2%	51.5%	30.4%	9.5%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/20/2023																
Middle School Lunch	Total	5970														
Chicken & Waffles, WG 2019	Serving	1000	314	34	623	4.00	3.08	40.0	109	87.0	5	19.0	39.0	10.0	2.00	0.00
Salad, TACO '22	1 each	500	732	91	1476	7.10	4.31	498.4	1772	10.04	*7	28.5	51.67	48.29	15.21	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			669	66	1196	5647.6	4.50	547.7	4252	55.00	*30	35.68	88.22	21.56	6.34	*0.02
% of Calories											*18.2%	21.3%	52.7%	29.0%	8.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			684	67	1215	5648.0	4.59	575.3	4484	42.50	*31 *40.9%	35.86 21.0%	91.46 53.5%	21.61 28.5%	6.56 8.6%	*0.03 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	684		600 - 700	100%				
Cholesterol (mg)	67							
Sodium (mg)	1215		1360					
Fiber (g)	5648.06							
Iron (mg)	4.59							
Calcium (mg)	575.3							
Vitamin A (IU)	4484							
Sugars (g)	31	18.18%			Missing			
Vitamin C (mg)	42.50							
Protein (g)	35.86	20.99%						
Carbohydrate (g)	91.46	53.52%						
Total Fat (g)	21.61	28.46%	<=30.00%					
Saturated Fat (g)	6.56	8.64%	<10.00%					
Trans Fat ¹ (g)	0.03	0.03%			Missing			

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/23/2023																
Middle School Lunch	Total	5970														
CHILI FRIES w/cheese-2021	SERVING,	1000	388	12	677	9.53	3.60	179.4	508	19.14	*3	15.51	59.72	9.99	3.56	*0.00
PROTEIN BOX MIDDLE SCHO	1 EACH	500	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
OL 2017																
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
NY'S																
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
LA 2020																
SLUSH, COOL TROP PARAD F	container	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
RU PUN	s, 4oz															
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			668	57	1149	5648.3	4.34	551.9	4246	43.54	*31	34.18	91.28	20.65	6.12	*0.02
% of Calories											*18.5%	20.5%	54.7%	27.8%	8.2%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/24/2023																
Middle School Lunch	Total	5970														
TACO GRANDE, TURKEY-2022	1 EACH	1000	387	55	786	4.00	*0.72	*0.0	*0	*0.0	*2	17.38	27.49	23.93	8.24	0.00
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			702	72	1242	5648.4	*4.37	*534.4	*4189	*35.39	*30	36.42	89.56	24.46	7.36	*0.02
% of Calories											*17.2%	20.8%	51.1%	31.4%	9.4%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/25/2023																
Middle School Lunch	Total	5970														
Penne, Alfredo, Chicken CK '23	3/4 CUP	1000	201	35	503	6.36	1.22	173.9	83	0.77	*1	16.27	21.93	4.94	1.83	*0.00
Bread Stk, chs,Maxstickw/sauce	1 EACH	500	185	7	370	1.54	2.12	135.3	442	5.53	*3	9.64	20.78	7.4	2.62	*N/A*
Wrap, CRUNCHY CHICKEN 2020	EACH	500	452	69	1392	8.32	2.83	307.3	2969	19.9	*8	24.3	50.34	17.46	5.18	*0.00
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NYS	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	367	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			632	65	1198	5648.0	4.19	564.7	4299	35.63	*28	35.59	84.21	18.71	5.69	*0.02
% of Calories											*17.7%	22.5%	53.3%	26.7%	8.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2023																
Middle School Lunch	Total	5970														
Penne Pasta W/Marinara &Ch2018	SERVING	1000	388	35	421	16.38	2.24	440.0	436	2.28	*3	20.88	44.21	13.53	8.01	*0.00
Bread Stk, chs,Maxstickw/sauce	1 EACH	500	185	7	370	1.54	2.12	135.3	442	5.53	*3	9.64	20.78	7.4	2.62	*N/A*
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken,Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA,FR.BREAD,CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Niblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS,FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES,FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES,FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			717	69	1212	5650.6	4.80	619.4	4299	36.24	*30	37.82	94.10	23.34	7.54	*0.02
% of Calories											*17.0%	21.1%	52.5%	29.3%	9.5%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/27/2023																
Middle School Lunch	Total	5970														
CALZONE WG PEPPERONI 2014	1 EACH	1000	380	35	760	5.00	2.70	350.0	750	108.0	4	21.0	49.0	13.0	5.00	0.00
Salad, TACO '22	1 each	500	732	91	1476	7.10	4.31	498.4	1772	10.04	*7	28.5	51.67	48.29	15.21	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			680	66	1219	5647.7	4.44	599.6	4359	58.52	*30	36.01	89.89	22.06	6.85	*0.02
% of Calories											*17.8%	21.2%	52.9%	29.2%	9.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			680	66	1204	5648.6	*4.43	*574.0	*4278	*41.86	*30 *39.7%	36.01 21.2%	89.81 52.8%	21.85 28.9%	6.71 8.9%	*0.02 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	680		600 - 700	100%				
Cholesterol (mg)	66							
Sodium (mg)	1204		1360					
Fiber (g)	5648.66							
Iron (mg)	4.43				Missing			
Calcium (mg)	574.0				Missing			
Vitamin A (IU)	4278				Missing			
Sugars (g)	30	17.63%			Missing			
Vitamin C (mg)	41.86				Missing			
Protein (g)	36.01	21.19%						
Carbohydrate (g)	89.81	52.85%						
Total Fat (g)	21.85	28.92%	<=30.00%					
Saturated Fat (g)	6.71	8.89%	<10.00%					
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/30/2023																
Middle School Lunch	Total	5970														
PRETZEL DOG 2013 WG	1 EACH	1000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
PROTEIN BOX MIDDLE SCHO OL 2017	1 EACH	500	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
SLUSH, COOL TROP PARAD F RU PUN	container s, 4oz	500	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			653	61	1166	5647.6	4.58	543.9	4170	40.33	*31	34.94	88.15	20.06	5.86	*0.02
% of Calories											*19.3%	21.4%	54.0%	27.6%	8.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Tue - 10/31/2023																
Middle School Lunch	Total	5970														
Chicken, Spicy Sichuan, Ling's	SERV	1000	77	38	371	0.00	0.64	0.0	59	0.0	*N/A*	10.61	3.54	1.77	0.59	*N/A*
Salad, Southwest Chicken '23	1 each	500	981	120	1711	15.96	7.42	413.6	1407	6.1	*8	40.14	92.7	55.1	14.84	*0.00
Chicken, Tangerine Sec-'23	SERV	700	293	45	571	2.61	2.50	4.5	65	0.0	13	16.38	40.08	7.97	1.40	0.00
PIZZA, FR. BREAD, CHEESE TO NY'S	1 EACH	900	330	25	710	3.00	0.00	350.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	1400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Ch-Burger w/White G Bun-2015MS	1 EACH	1400	340	47	644	3.87	4.01	180.0	2785	3.9	5	26.1	32.31	12.77	4.67	*0.00
Burrito, Grande, chicken, lg	1 each	400	830	105	1685	9.04	7.69	547.9	1458	4.59	*1	37.45	96.35	33.92	12.53	*0.00
YOGURT PARFAIT W/ GRANO LA 2020	serving	400	348	12	174	3.05	1.35	445.9	170	30.13	*4	14.34	65.0	4.82	2.17	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
BEANS, Great Northern BBQ	1/2 CUP	100	195	0	282	6.96	2.30	81.6	64	2.79	*8	10.58	38.24	0.6	0.18	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	*0.00
VEGGIE CUP, FRESH	SERVING	800	42	0	58	3.03	0.65	49.5	7569	54.79	*3	2.22	9.02	0.36	0.05	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
BANANAS	1 EACH	734	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
PLUMS, FRESH	1 EACH	1502	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	*N/A*
PEACHES, FRESH	1 EACH	367	34	0	0	1.30	0.22	5.2	284	5.74	7	0.79	8.3	0.22	0.01	*N/A*
NECTARINES, FRESH	1 EACH	367	60	0	0	2.31	0.38	8.2	452	7.34	11	1.44	14.35	0.44	0.03	*N/A*
Fruit, Oranges RAW-2017	1/2 CUP	1500	59	0	0	3.03	0.11	48.4	278	58.69	*N/A*	1.26	14.39	0.36	0.04	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	3970	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
CATSUP-VARIETY 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			650	69	1172	5647.7	4.36	534.4	4199	35.39	*30	35.29	85.54	20.75	6.08	*0.02
% of Calories											*18.3%	21.7%	52.7%	28.7%	8.4%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			651	65	1169	5647.7	4.47	539.2	4184	37.86	*31	35.11	86.84	20.41	5.97	*0.02
											*42.3%	21.6%	53.3%	28.2%	8.2%	*0.0%

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*								
Calories	651		600 - 700													
Cholesterol (mg)	65															
Sodium (mg)	1169		1360													
Fiber (g)	5647.70															
Iron (mg)	4.47															
Calcium (mg)	539.2															
Vitamin A (IU)	4184															
Sugars (g)	31	18.79%			Missing											
Vitamin C (mg)	37.86															
Protein (g)	35.11	21.56%														
Carbohydrate (g)	86.84	53.33%														
Total Fat (g)	20.41	28.19%	<=30.00%													
Saturated Fat (g)	5.97	8.24%	<10.00%													
Trans Fat ¹ (g)	0.02	0.02%			Missing											

*Data comparisons are not available for one or two day selections

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